



CENTRAL VIRGINIA UNITED SOCCER

Travel Acceptance and Expectations

2019-2020 Season

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I. Welcome

Congratulations on your placement in the CVU Travel Program for the 2019-2020 soccer season! CVU has over 40 years of excellence in developing soccer talent and we look forward to helping you grow and reach your goals as a competitive soccer player. Please carefully read the following pages and documents as they provide pertinent information regarding our program and expectations. We look forward to seeing you on the fields for a great season.

II. Player Information

Travel Program Placement

- Placement of players is based on tryout evaluations which includes player skill, commitment level, and attitude. Historical performance will be considered for any returning players.
- Travel positions may be offered at any time subject to available positions. Prospective new players are welcome any time of the year – Spring, Summer, Fall, or Winter – at the discretion of the CVU Executive Director.

Travel Commitment Requirement

- Players are required to attend all training sessions and matches. If a player is unable to attend a session or match, parents and/or players are expected to communicate with the team coach. Reasons must be provided for all absences.

- Participation levels/attendance history may be considered in roster composition, playing time, and offers to continue with the travel program the following season.
- Players must arrive before all matches in time to participate in pre-match preparation activities. The arrival time for matches will be determined by the coach. Players and parents should expect an arrival time of 45 minutes to an hour before kick-off time – depending on match circumstances.
- Team commitment includes participation in a specified number of tournaments determined on a team-by-team basis.
- Although the level of involvement may vary among age groups and teams, the level of commitment should not.

CVU expects each and every player to:

- Have a growth mindset, competitive and industrious spirit, and positive attitude
- Commit to the program and the game

Participation in School Soccer

- CVU fully supports high school soccer for our players in grades 9-12. It is great to watch our players thrive and excel on the pitch as they represent their, schools, community, and CVU.
- All players in the 2004-2005 age groups are committed to CVU for the Fall season.
- All players in the 2009-2010 age groups are required to make an annual commitment and participate in both the Fall and Spring season. The Spring commitment is no different than the Fall.

Rosters

Players/parents should not expect roster composition to change dramatically within the course of the year, however, there are factors which may result in changes to rosters:

- Leagues and tournaments embracing the “Club Pass” rule will allow a number of changes to base rosters for associated matches in an ad hoc manner. CVU may utilize the rule to provide opportunities for players to play with other teams within the club, for developmental and/or supplemental purposes.
- State Cup and Tournament rosters may vary in composition from league rosters for developmental and/or supplemental purposes.

Playing Positions

- U11 to U13 Players should expect to spend some time over the course of each soccer year playing in all areas of the field as deemed appropriate by the coach – back, midfield, and forward. Players interested in focusing on the goalkeeper position are given regular opportunities to do so.
- For U14 and Older, coaches and players are permitted to begin the process of finding positions that best fit each player’s skill set and preferences. Players interested in focusing on the goalkeeper position will be allowed to do so.

Playing Positions

- With U11-U13 Teams, coaches should target a minimum of 50% playing time for all players over the course of the season. Positional rotations and roster size may affect the coach's ability to provide 50% playing time in every match.
- For U14 and Older, playing time will be provided for all players, but player performance and tactical considerations will also be taken into account. Rosters are selected to be competitive within the squad as well as against outside competition and strive for 50% playing time for each player over the course of the season, however, the amount of playing time in league and tournament matches will be determined by the coach.

III. Parent Information

CVU parents play a major role in facilitating a productive and enjoyable training and match environment. Our CVU parents are asked to:

- Understand that, as a team program, CVU strive to win, but greater importance is placed on the development of the players and of the team.
- Be positive role models by encouraging good sportsmanship and demonstrating positive support for all players, coaches, fans and officials at all trainings and matches.
- Support the coaches' decisions as they relate to the players and the team.
- Refrain from sideline coaching as this creates a chaotic and confusing soccer environment for the players – refer to the Parent/Supporting Sideline Conduct Outline below
- Respect the decisions of the officials.
- Support a player development environment that is highly structured, challenging and competitive.

Parent/Supporter Sideline Conduct Outline

- Coaching from parents/supporters is NOT permitted at any time. This includes coaching of one's own child. Coaching is defined as telling a player what to do (e.g., "pass it," "shoot," "get the ball," etc.). If you are shouting to players during or after actions in the game, it's likely that you are coaching.
- Supporters must allow the players to hear each other, the official, and only one voice giving instruction – that of the coach. They must allow the team to focus only on the topics of the day and help to minimize a sense of panic on the field.
- Supporters must also be careful with positive and negative feedback to the players (e.g., "nice," or "don't do that.") One might say "nice" when a player kicks the ball out of bounds when they could have just passed back to the goalkeeper. And one might say "don't do that" when a player makes a great decision to pass back to the goalkeeper. In both examples, the comments, although surely meant to help, are actually detrimental.
- Some common problem areas with supporter coaching to guard against: 1) Cries of "get the ball, get it, get it" are counter to the habits of good defenders whose priority is containment over winning the ball. 2) Cheers for aimless kicks forward support the complete opposite of controlled, deliberate, thoughtful, purposeful, multi-directional

- soccer. 3) Specific instruction threatens to take decision making away from the players.
- Supporters must not engage in negative or abusive verbal exchanges with the opposing players, opposing supporters, referees, etc. Any problems at a match should be addressed after the match formally by the CVU Directors only.
 - Failure to follow the above rules may result in:
 - I. A verbal and/or written warning by the coach, official, CVU Director or CVU Board member.
 - II. Parental training and match suspension.
 - III. Player training and match suspension.
 - IV. Player expulsion from the team program.

Parent Communication Guide

Parents should expect to receive the following communication from CVU Coaches and Directors:

- Program and coaching philosophy, expectations of players and parents, schedules for trainings, matches, tournaments, and other team functions.

Coaches should expect to receive the following communication from CVU Coaches and Directors:

- Concerns regarding their child, notice in advance for all absences and late arrivals, and positive support for all players, coaches, and officials.

*It is NOT appropriate for parents to discuss the following with coaches: players other than their child, training structure and activities, tactical decisions during matches (positions, substitutions, systems, style of play, etc.), or team strategy.

Parents should follow the steps below to arrange discussions/meetings with coaches and/or CVU Directors:

- I. Contact the coach at an appropriate time to request a meeting. This should not be immediately before, during, or after a training or match. Coaches and parents are encouraged to follow a 24-hour rule of waiting after a match for any questions or concerns that are not pressing or urgent in nature. Email is the preferred method of communication for all staff and coaches.
- II. If you are unable to reach the coach, contact the CVU Executive Director to facilitate a meeting with the coach.
- III. If, after meeting with the coach, the issue is not resolved, contact the CVU Executive Director to request a meeting. The Executive Director will communicate with the coach and parents to facilitate the situation.

IV. Central Virginia Regional Soccer Complex (CVRSC)

The CVRSC is your home for soccer and an exceptional place to train and compete. As CVU members, you have access to the facility to practice and train at any time that it is available –

this includes regular training times, weekend game days, and upon request. We strongly encourage our players to take advantage of open space and nets when appropriate by notifying CVU staff and ensuring that goals and training spaces are safe and open for play.

Please note the following rules for the CVRSC:

- Possession of firearms, consumption or distribution of alcohol, smoking, and use of abusive or foul language are prohibited at all times and are justifiable reasons for immediate dismissal from the facility.
- No pets are allowed at the complex at any time.
- As members, we are all stewards of the facility. Help maintain the facility by bringing reusable beverage containers, staying off of damaged or saturated turf, and cleaning up trash and belongings in your area as much as possible.
- Please drop off any found items to our lost and found box located near the concessions building or to the office if a staff member is present.
- ALL GOALS MUST BE ANCHORED APPROPRIATELY FOR ANY USE AT ANY TIME. Do not allow children to play in or around unanchored goals!

V. 2019-2020 Scheduling

Training Schedule

- All teams will need to train twice per week during the Fall and Spring seasons. Training sessions will be 1.5 hours in duration for U11-U13 and up to 2 hours for U14 and older age groups.
- All players are expected to arrive at training before the scheduled start time with a ball, shin guards, long socks, and no jewelry of any kind.
- Players are required to attend all training sessions unless excused by the coach.

Fall Training

- Fall training begins with our strongly encouraged Preseason Travel Camp from July 29th to August 1st, 2019. Preseason Travel Camp is a very important component to a successful Fall season.
- Regular team training begins during the second week of August continuing through the second week of November.
- U16 and older players will be invited to the Winter CCL Showcase on February 8th and 9th, 2020

Spring Training

- Spring team training typically begins the second weekend of February continuing through the end of May. Training over spring break is optional per each coach's decision. Typically, teams train on weekends until resuming normal mid-week training after Daylight Savings Time.

Supplemental Programs

- Additional training opportunities are encouraged throughout the year. Futsal, Preseason Travel Camp, Individual/Small Group Training, and multiple camps are offered by CVU. We strongly encourage all players to get involved in these supplemental programs.

Match Days

- Matches typically occur once per week in the Fall and Spring seasons
 - generally on Saturdays.
- Some matches may be played on Sundays as schedules necessitate.
- Occasionally 2 matches are played in a given week.

Fall Matches

- Fall matches start August 18th for Premier teams. Classic matches begin in late August or early September. All teams typically end league play around the 2nd week of November.
- All Travel teams will participate in the CVU Hosted Battle of the 7 Hills Labor Day Tournament on Labor Day Weekend.
- All Premier Travel Teams will participate in the CCL Adidas Festival in September and in the Columbus Day Tournament in Virginia Beach, VA in October.
- Classic Travel Teams may choose to participate in Valley FC's Fall Kickoff Classic. Teams have the option to enter additional tournaments based upon additional per player costs – typically \$60-70 per event, per player.
- Tournament selections are determined at the discretion of the CVU Executive Director with input from CVU Coaches.

Spring Matches

- Spring league matches start around March and end around the end of May. Rain-outs and make-ups may be scheduled through the first week of June and players must remain available for these dates.
- No matches will be played the weekend of Easter Sunday.

Player Evaluations

- U11-U15 players will be provided 1 written evaluation per year from their coach after the completion of the Fall program. A coach and player/parent conference to review player progress will take place towards the end of the Spring program.
- U16 and older players will be provided 1 written evaluation per year from their coach at the end of the Fall program.

VI. Team Managers

The Team Manager serves as the administrative representative for the players, parents, coach, and the club. Supporting the players and coaches is their highest priority above all else.

The manager is not the coach! If parents have questions regarding coaching decisions, they must address the coach, and/or the CVU Directors. Specifically, Team Managers provide details regarding schedules, hotels, training, travel and other pertinent information, updates and reminders.

It is imperative that parents communicate clearly with their manager!

VII. Payment of Fees

Upon accepting a roster placement, all club members will be asked to PAY THEIR ANNUAL PLAYER FEE IN FULL. Members that have not lived up to their financial obligations may be prohibited from participating in all future CVU activities. CVU will take necessary steps to collect outstanding fees including prohibition of training or match participation and contact from the CVU Board of Directors.

As an alternative, members may choose to follow the payment schedule below:

- \$200 deposit upon acceptance of invitation to reserve team placement
- July 19th – Half of remaining fee
- September 6th – Remaining fees due in full

The successful operation and growth of the club is dependent upon timely and accurate payments. Up-front, one-time payments are greatly preferred. Questions regarding payments may be sent to the office at cvuadmin@centralvirginiaunited.com

Payment Plans and Scholarships

Families with demonstrated financial hardship can request payment plans or scholarships by contacting the CVU Administrator. Those interested in applying for a scholarship will need to complete a CVU Scholarship Application.

CVU goes to great effort and expense to ensure that player ability, commitment, and character are the primary determining factors for participation, regardless of financial ability.

Please note that CVU has a *limited fund available and we cannot offer scholarships to everybody who applies*. The CVU board members' selection panel works on who is in most need of support. CVU cannot cover uniform or hotel/travel expenses as part of our scholarship program.

CVU will release scholarship applications on our website early June 2019. All applications must be submitted by August 1, 2019 to be considered.

- **Mandatory Service/Support:** All families requesting scholarships must agree to provide service to the club equating to the total amount of assistance offered. Each hour of service provided per mature family member will equate to \$50.00. For example, a family requesting \$400 in scholarship support will provide the club with 8 hours of service. Service opportunities include, but are not limited to, facilities support, tournament or events support, concessions support, and office support. All required scholarship service must be completed by November 1st.

Refunds

There are no refunds. This includes player fees, uniform costs, etc. Exceptions may be made in rare circumstances such as season ending injuries. All decisions will be made on a case-by-case basis.

2019-2020 Program Fees

CVU's Board of Directors and Staff have worked to maintain a stable fee structure and limit expenses to our constituents. We have minimized our costs and expenditures, streamlined income collection, improved our facility, and maximized support of our capital gifts, grants, and scholarship programs as much as possible.

Fees have been adjusted for all travel programs as seen below. In addition to addressing rising external costs, this will enable a much-needed improvement in coaching staff stipends, and ensure a more regular presence of athletic training staff at our home competitions.

2019-2020 Travel Fees	Premier	Classic
U11-U15 Fall & Spring Season	\$1,120	\$820
U16+ Fall Season	\$805	\$520

Parents of CVU players who have been selected to participate on a CVU team and who have accepted to do so, must read and sign this CVU Program Commitment and Expectations document upon registration for the team.

Acknowledgement of BOTH Parents/Guardians:

We, the parents/guardians of _____ have read and understand the CVU Travel Program Commitment as outlined above.

Parent/Guardian Name:

Parent/Guardian Signature:

Date: _____

Any questions please contact the office at [cvuadmin@centralvirginiaunited.com](mailto:cviadmin@centralvirginiaunited.com)



CVU Travel Program Player Code of Conduct

Players participating in Central Virginia United (CVU) Travel Program through the Virginia Youth Soccer Association (VYSA) are exercising a privilege afforded them by CVU and VYSA. Please go over the following document outlining general rules and expected player conduct.

I. GENERAL RULES:

Players are expected to conduct themselves at all times in a manner which is in keeping with representing CVU and VYSA and will not bring discredit on CVU or VYSA.

II. DISCIPLINE RULES:

- Use of a substance (drugs, alcohol, or, if under 18, tobacco) or possession of a substance, or both use and possession, is cause for immediate dismissal from the Program.
- Persistent irresponsible and disrespectful behavior is cause for dismissal from the Program.
- I will show good sportsmanship and respect coaches, managers, parents, referees, team mates and opponents. I understand this includes my verbal and physical actions in matches, practice sessions, tournaments, and anywhere I represent the club. I will comply with the club (CVU), league (as assigned), state (VYSA), and national (USYSA) rules, policies and sanctions regarding expected conduct.
- Failure to comply with any and all may be cause for disciplinary action. Persistent failure will be cause for dismissal from the Program for the remainder of the current season of the Program and could affect a player's participation.
- CVU retains its rights to impose additional penalties for any violation of the rules listed above

III. PAYMENT COMMITMENT:

- As the responsible guardian of the undersigned player, I agree to the fee structure of my son/daughter's team and will meet the payment plan guidelines listed in the Travel Acceptance document.

By signing below, we have read, understand, and agree to abide by these rules. We also agree to accept actions taken for failure to abide by these rules.

Player's Printed Name

Player's Signature

Date



CVU Parent/Guardian Code of Conduct

- Parents agree to support CVU and their team in requiring players to abide by the Players Code of Conduct.
- Parents agree to recognize that games and trainings are for the players enjoyment and development, not the parents. The quieter our sidelines are, the more our players will be able to communicate on the field, understand their coaches, enjoy the game and develop as players and young people.
- Parents will refrain from disparaging dialogue or taunting behavior with all players, coaches, referees, parents and spectators, before, during, and after all soccer-related activities.
- Aside from simple encouragement and support, parents will refrain from communicating in any way with players on the team on the field.
- Parents will not use or possess alcohol, tobacco, illegal drugs, or weapons of any kind while attending CVU matches or practices.
- Parents will support the coaches and referees, and will refrain from verbal criticism at all times.
- At all times, parents will model the good citizenship that we want our players to learn from.
- Team parents are collectively responsible for the behavior of all their team's spectators in accordance with the items listed above.

By signing below, I understand that my child's playing time and/or my privileges to attend CVU games as a spectator can be limited or suspended for violations of this conduct code.

Parent/Guardian Printed Name

Parent/Guardian Signature

Date



RELEASE, INDEMNITY, AND ASSUMPTION OF RISKS AGREEMENT

Welcome to Central Virginia United Soccer, Inc. (referred to herein as "CVU"). Before you or your child may participate with any of our teams or in any of our camps, tournaments, or other programs (collectively referred to herein as the "Soccer Programs"), you must read and promise to be bound by the following terms of this agreement. **References to "you" and "your" include you or your child, or both, as applicable, in the most inclusive manner.** This agreement is legally binding upon you, and contains important waivers of certain rights you may have. Accordingly, you should thoroughly read each of the provisions of this agreement and understand the entire agreement before you sign below.

- I. Notification of Risks –** The Soccer Programs are inherently dangerous in their nature and may be ultra-hazardous to your health. Participation in the Soccer Programs is hazardous and will expose you to risks that may result in your injury, illness, or death. These risks include, but are not limited to unpredictable reactions of your respiratory, cardiovascular, and musculoskeletal systems, physical exertion or over-exertion, the possibility that while safe for others, a particular activity or program is not safe for you personally, the design and condition of any equipment used or any fields, goals, team benches, and related structures, loss of control of equipment by you or others, falling, and collisions with staff, other participants, spectators, goals, team benches, seats, shade canopies, or other people or things (whether moving or stationary). You are also exposed to risks from failures of equipment, whether your own, CVU's, or that of other participants or spectators in the Soccer Programs. Ordinary use of such equipment and participation in the Soccer Programs can result in cosmetic or more serious injuries such as scraping, scratching, blistering, or puncture of the skin and other organs, dehydration, exposure to infectious diseases, injuries to the musculoskeletal system, such as cramping, tearing, ripping, or breaking of muscles, tendons, ligaments, or bones, concussions and other brain injuries, and problems affecting your respiratory, cardiovascular, nervous, and other bodily systems, all of which may result in other serious conditions such as paralysis, stroke, and heart attacks, among many others. All of the foregoing risks can result in your serious physical injury, illness, permanent disability, or even death. Injuries are a common and ordinary occurrence to those who participate in the types of activities and programs provided by the Soccer Programs. You acknowledge all of the foregoing risks, and that it is impossible to anticipate or avoid all of the risks inherent in the Soccer Programs.
- II. Assumption of Risks –** In spite of the risks involved in participating in the Soccer Programs, and in consideration of being allowed to participate in those programs, **YOU FREELY AND VOLUNTARILY AGREE TO ACCEPT AND ASSUME ANY AND ALL RISKS OF INJURY, ILLNESS, OR DEATH** that may result from your participation in any Soccer Programs.
- III. Release and Waiver of Claims –** Given the risks associated with your participation in the Soccer Programs and your assumption of those risks, you hereby agree to release and to waive your rights to recover against, and to indemnify, defend and hold harmless Central Virginia United Soccer, Inc., and all of its officers, directors, employees, agents, and servants, from and for any and all damages, losses, claims, causes of action, suits, demands, costs, and complaints, including those resulting from your illness, injury, and/or death, (i) arising as a result of, or relating to your participation in the Soccer Programs, (ii) occurring during any time you are on the property of CVU, and/or (iii) occurring while you are being transported for medical care or receiving medical care in accordance with section numbered 6 below ("Damages"). Your obligations under this paragraph shall not be limited or reduced in any way because any Damages arise or result, in whole or in part, from the negligence of, or breach of any express or implied warranty or duty by CVU, or any of its officers, directors, employees, agents, or servants, except for gross negligence and intentional injuries.
- IV. Covenant Not to Sue –** You promise and agree that you will not sue CVU, or any of its officers, directors, employees, agents, and servants for any Damages released and waived by you in the preceding paragraph. You further agree that CVU may plead this agreement as a full and complete defense to any suit brought in violation of this promise.
- V. Indemnification –** You hereby agree to indemnify, defend, and hold harmless CVU, and all of its respective officers, directors, employees, agents, and servants, from and for any and all damages, losses, claims, causes of action, suits, demands, costs (including attorney's and opinion witness fees),

and complaints, arising as a result of or relating to, any of your actions or omissions, including any breach of this agreement, or which you may otherwise cause, in whole or in part.

- VI.** **Medical Treatment** – You authorize CVU and/or its personnel to seek medical attention or care on your behalf or to transport you or cause you to be transported to a medical facility or hospital. However, you agree that CVU has no obligation to seek or provide such medical care for or to you. In the event CVU seeks transportation and/or medical care on your behalf, you agree to pay all charges related to such transportation and/or medical care. You further agree to indemnify and hold harmless CVU from all such charges.
- VII.** **Responsibility to Advise Staff of Health Conditions.** You agree to advise CVU staff of any and all physical and/or health related conditions you have which may affect your ability to participate safely in any Soccer Programs, whether asked or not. You agree to consult your own physician before participating in any Soccer Program to be certain that you are aware of any physical or medical condition of your own which may add to the risk of illness, injury, or death as a result of your participation. If requested by CVU staff at any time, you agree to obtain your own physician's written approval for you to participate, or continue to participate, in such activities and programs.
- VIII.** **Equipment Recommended by Your Physician** – You agree to obtain (at your own expense) and use, without the necessity of any reminder to do so by CVU staff, any and all equipment which your physician directs or recommends for you when participating in any Soccer Programs.
- IX.** **Your Responsibility to Communicate** – You recognize and agree that while participating in Soccer Programs you may experience symptoms of physical or medical problems which are not evident to CVU staff or others, and you agree that if you do, you will stop your participation immediately and alert CVU staff of your symptoms. You also acknowledge and agree that you have the right to stop or reduce your level of exertion at any time (whether being urged by staff or others to continue or not), and that you will do so immediately if you become uncomfortable in any way, or if you have any concern about whether you should continue.
- X.** **Personal Behavior** – You agree to comply with all instructions given to you by CVU staff. You agree you will not engage in any reckless or abusive behavior, as determined by CVU staff. Persons under the influence of drugs or alcohol are not permitted to participate in Soccer Program activities. You agree your failure to comply with the requirements of this paragraph may result in your removal from CVU's facilities and expulsion from the Soccer Programs, without refund of any fees.
- XI.** **Severability / Modification / Interpretation** – In the event any section or sections of this agreement is or are found to be unenforceable, you agree the remaining sections shall remain enforceable and fully binding upon you. This agreement may be modified only in a writing signed by an authorized agent of CVU. Any alleged verbal modification of your obligations resulting from this agreement is void. The use of the term "and/or" herein shall be construed to impose the greater obligation upon you.
- XII.** **Binding on Successors** – Each of your promises and agreements contained herein is binding on your assignees, subrogors, distributees, family members, heirs, next-of-kin, executors, personal representatives, administrators and successors of every kind.
- XIII.** **Forum for Disputes** – You agree that any and all disputes between you, and CVU or its officers, directors, employees, agents, and servants arising from your participation in the Soccer Programs, including your illness, injury, or death, or any dispute regarding this agreement will be governed by the Laws of the Commonwealth of Virginia, notwithstanding its choice of law provisions. You further consent to the exclusive jurisdiction of the Virginia State Courts. You agree that the venue for any such dispute between you, and CVU will be in the state court located in Campbell County, Virginia and that you waive your right to a trial by jury.
- XIV.** **Duration of Promises** - You agree the promises and agreements you make in this agreement are binding upon you now and any time you participate in the Soccer Programs in the future.
- XV.** **Accident Investigation** – In the event you witness or are involved in an accident or event resulting in

property damage or personal injury of any kind, no matter how insignificant it may seem, you agree to immediately report such accident or event to a CVU employee and to cooperate in the investigation of the accident or event.

XVI.

Use of Names and Images – By signing this form and participating in the Soccer Programs you hereby consent to CVU's use of your name, portrait and/or picture for advertising, purposes of trade, and all other commercialpurposes.

I have carefully read and I understand all of the terms above. If the participant is under age 18, I am signing on his or her behalf, to bind him or her to the terms of this agreement and I promise that I have the authority to do so.

Printed Name of Participant (referred to above as "You" or "you")

Printed Name of Parent

Participant Date of Birth

Signed Name of Participant if 18 or older **OR**
Signed Name of Parent if participant is under 18

Date



CENTRAL VIRGINIA UNITED SOCCER

Player Information & Medical Release Form

Player Name: _____

DOB: _____

Team Name: _____

Season: _____

Emergency Information

Parent/Guardian 1's Name: _____ Cell Phone: _____

Parent/Guardian 2's Name: _____ Cell Phone: _____

In the event of an emergency, when parents cannot be reached, please contact:

First Name: _____ Last Name: _____

Relationship to Player: _____ Cell Phone: _____

Player Information

Allergies: _____

Other Medical Conditions: _____

Player's Physician: _____ Phone: _____

Medical and/or Hospital Insurance Company: _____

Policy Holder: _____ Policy #: _____ Group #: _____

Recognizing The possibility of physical injury associated with soccer and in consideration for the USSF/USYS Youth Soccer and its affiliates accepting the registrant for its soccer programs and activities (the "Programs"), I hereby release, discharge and/or otherwise indemnify the USSF/USYS, its affiliated organizations and sponsors, their employees and associated personnel, including the owner of fields and facilities utilized for the Programs against any claim by or on behalf of the registrant as a result of the registrant's participation in the Programs and/or being transported to or from the same, which transportation I hereby authorize.

My son/daughter has received a physical examination by a physician and has been found physically capable of participating in the Programs. I hereby give my consent to have an athletic trainer and/or doctor of medicine or dentistry provide my son/daughter with medical assistance and/or treatment and agree to be responsible financially for the reasonable cost of each assistance and/or treatment.

Signature of Parent/Guardian

Date